

SPECIFIC GUIDELINES FOR ASSESSMENT OF *SEWAGE SLUDGE*

1 INTRODUCTION

1.1 The Guidelines for the Assessment of Wastes or Other Matter that May be Considered for Dumping¹, referred to in short as the “Generic Guidelines”, as well as the Specific Guidelines for Assessment of Sewage Sludge addressed in this document are intended for use by national authorities responsible for regulating dumping of wastes and embody a mechanism to guide national authorities in evaluating applications for dumping of wastes in a manner consistent with the provisions of the London Convention 1972 or the 1996 Protocol thereto. Annex 2 to the 1996 Protocol places emphasis on progressively reducing the need to use the sea for dumping of wastes. Furthermore, it recognizes that avoidance of pollution demands rigorous controls on the emission and dispersion of contaminating substances and the use of scientifically based procedures for selecting appropriate options for waste disposal. When applying these Guidelines uncertainties in relation to assessments of impacts on the marine environment will need to be considered and a precautionary approach applied in addressing these uncertainties. They should be applied with a view that acceptance of dumping under certain circumstances does not remove the obligation to make further attempts to reduce the necessity for dumping.

1.2 The 1996 Protocol to the London Convention 1972 follows an approach under which dumping of wastes or other matter is prohibited except for those materials specifically enumerated in Annex I, and in the context of that Protocol, these Guidelines would apply to the materials listed in that Annex. The London Convention 1972 prohibits the dumping of certain wastes or other matter specified therein and in the context of that Convention these Guidelines meet the requirements of its Annexes for wastes not prohibited for dumping at sea. When applying these Guidelines under the London Convention 1972, they should not be viewed as a tool for the reconsideration of dumping of wastes or other matter in contravention of Annex I to the London Convention 1972.

1.3 The schematic shown in Figure 1 provides a clear indication of the stages in the application of the Guidelines where important decisions should be made and is not designed as a conventional "decision tree". In general, national authorities should use the schematic in an iterative manner ensuring that all steps receive consideration before a decision is made to issue a permit. Figure 1 illustrates the relationship between the operational components of Annex 2 of the 1996 Protocol and contains the following elements:

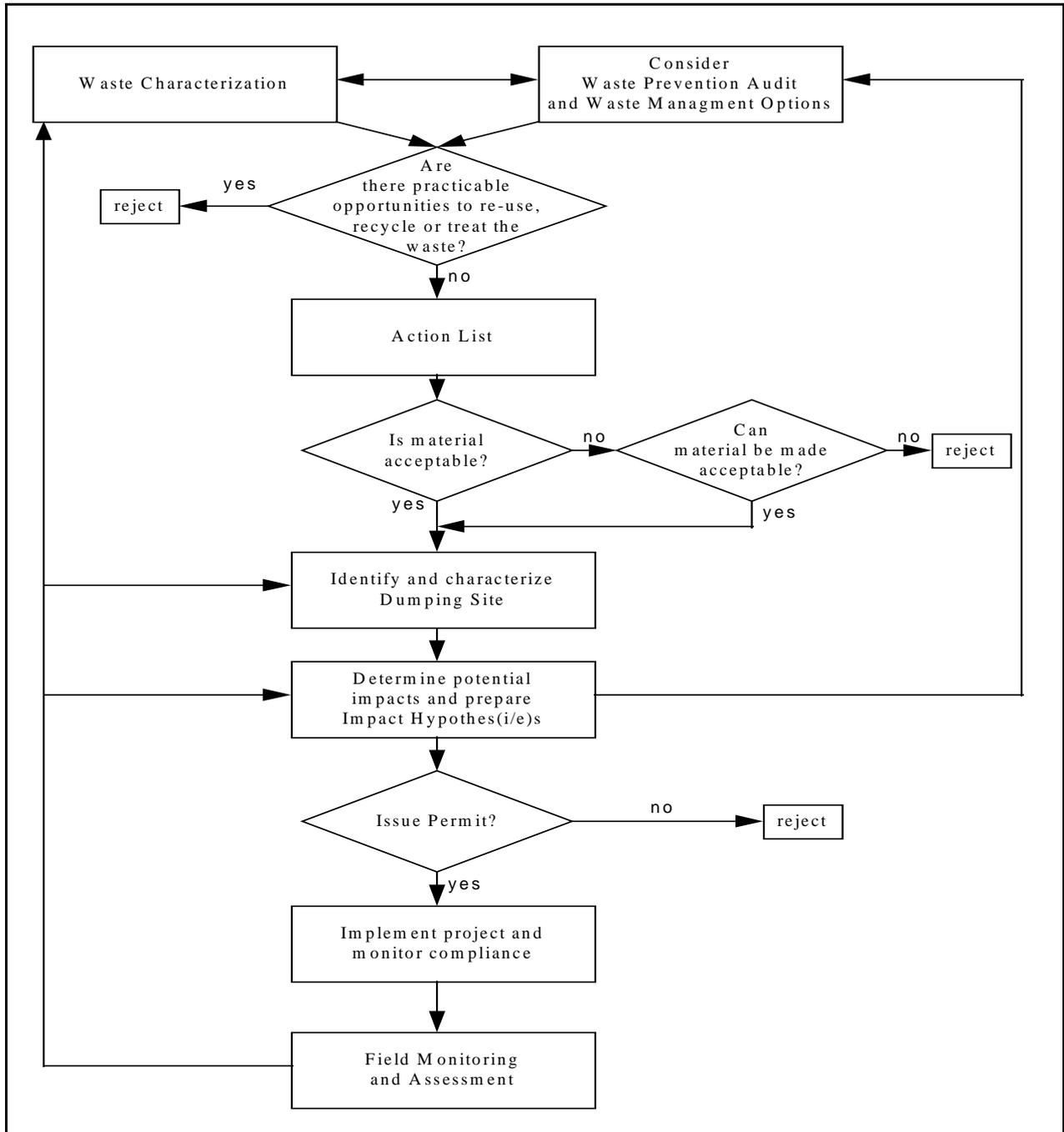
- .1 Waste Characterization (Chapter 4) (Chemical, Physical and Biological Properties)
- .2 Waste Prevention Audit and Waste Management Options (Chapters 2 and 3)

¹ The Nineteenth Consultative Meeting of Contracting Parties to the London Convention 1972 adopted these Guidelines in 1997.

- .3 Action List (Chapter 5)
- .4 Identify and Characterize Dump-site (Chapter 6) (Dump-site Selection)

- .5 Determine Potential Impacts and Prepare Impact Hypothesis(es) (Chapter 7) (Assessment of Potential Effects)
- .6 Issue Permit (Chapter 9) (Permit and Permit Conditions)
- .7 Implement Project and Monitor Compliance (Chapter 8) (Monitoring)
- .8 Field Monitoring and Assessment (Chapter 8) (Monitoring)

Figure 1



1.4 These Guidelines are specific to (human) sewage sludge². Adherence to the following represents neither a more restrictive nor a less restrictive regime than that of the generic Guidelines of 1997.

² The Twenty-second Consultative Meeting of Contracting Parties to the London Convention 1972 adopted these specific Guidelines in 2000.

1.5 Sewage sludge is the residue remaining from the treatment of municipal sewage. It is an organic-rich waste produced primarily by physical processes, but also involving chemical and biological treatment processes. Sewage contains aqueous domestic waste as well as surface drainage and, in many cases, a component of treated and untreated industrial effluent. Sewage sludge tends to concentrate a wide range of substances. It has a high BOD and may be contaminated with pathogens and parasites. Untreated sewage effluents discharged to rivers, estuaries and coastal waters can pose a high risk to environmental resources, amenities and human health. It may, therefore, create environmental, aesthetic and health problems if not managed properly. The purification process allows reclaimed water to be discharged to freshwater courses or coastal waters or used in other applications, such as irrigation, under conditions that pose a greatly reduced risk to the receiving environment and human health. Sewage sludge is, however, an unavoidable product from sewage treatment and increased levels of waste water purification lead, inevitably, to greater quantities of sludge for which environmentally sound management strategies are required.

2 WASTE PREVENTION AUDIT

2.1 The initial stages in assessing alternatives to dumping should, as appropriate, include an evaluation of:

- .1 types, amounts and relative hazards of wastes generated;
- .2 the sources of the wastes, which contribute to sewage contamination within the catchment areas; and
- .3 feasibility of the waste reduction/prevention techniques described in paragraphs 2.3 and 2.4 below.

2.2 In general terms, if the required audit reveals that opportunities exist for waste prevention at source, an applicant is expected to formulate and implement a waste prevention strategy in collaboration with relevant local and national agencies which includes specific waste reduction targets and provision for further waste prevention audits to ensure that these targets are being met. Permit issuance or renewal decisions shall assure compliance with any resulting waste reduction and prevention requirements³.

2.3 For sewage sludge, a goal of waste management should be the identification and control of sources of contamination, both point and diffuse, in particular from industrial sources, which will improve the range of management options, not least those associated with a beneficial use.

2.4 In developing source control strategies, appropriate agencies should take into account:

- .1 the hazards posed by contaminants and the relative contributions of the individual sources of these contaminants. A high proportion of contaminants in wastewater can be removed by biodegradation and sorption or precipitation processes. Persistent lipophilic organic contaminants, including pharmacological agents mainly from human use, and heavy metals tend to be sorbed on sewage sludge;

³ This paragraph is not directly applicable to sewage sludge but should be considered in conjunction with paragraphs 2.3 and 2.4 of these Guidelines.

- .2 existing source control programmes and their regulatory or legal requirements;
- .3 technical and economic feasibility;
- .4 the evaluation of the effectiveness of measures taken; and
- .5 the consequences of implementing or not implementing controls should consider the differing demands that rural, urban and industrial areas place upon waste treatment and the options for sewage sludge use or disposal.

3 CONSIDERATION OF WASTE MANAGEMENT OPTIONS

3.1 Alternatives to dumping of sewage sludge at sea that require consideration include (implying an order of increasing environmental impact):

- .1 beneficial use: For sewage sludge several beneficial uses need to be considered:
 - .1 in agriculture, horticulture, silviculture etc. Sewage sludge contains a number of nutrients and mineral constituents which give a beneficial enrichment to soils. Depending on the waste water sources, sewage sludge may contain contaminants which set limitations on its agricultural use; and
 - .2 production of energy through the use of sewage sludge as a raw material for producing liquid or gaseous fuels;
- .2 off-site recycling;
- .3 thermal destruction by incineration. Flue gas cleaning procedures and prescribed emission limit values for such processes and plants should ensure that hazardous constituents do not contaminate the land and marine environment;
- .4 treatment to reduce or remove the hazardous constituents, so that another option becomes feasible; and
- .5 disposal on land e.g., in suitably designed landfills.

3.2 A permit to dump wastes or other matter shall be refused if the permitting authority determines that appropriate opportunities exist to re-use, recycle or treat the waste without undue risks to human health or the environment or disproportionate costs. The practical availability of other means of disposal should be considered in the light of a comparative risk assessment involving both dumping and the alternatives.

4 CHEMICAL, PHYSICAL AND BIOLOGICAL PROPERTIES

4.1 A detailed description and characterization of the waste is an essential precondition for the consideration of alternatives and the basis for a decision as to whether a waste may be dumped. If a waste is so poorly characterized that proper assessment cannot be made of its potential impacts on human health and the environment, that waste shall not be dumped.

4.2 Characterization of the wastes and their constituents shall take into account:

- .1 origin, total amount, form and average composition;
- .2 properties: physical, chemical, biochemical and biological. Particular consideration should be given to biological constituents such as pathogenic bacteria, viruses and parasites;
- .3 toxicity;
- .4 persistence: physical, chemical and biological; and
- .5 accumulation and biotransformation in biological materials or sediments.

5 ACTION LIST

5.1 The Action List provides a screening mechanism for determining whether a material is considered acceptable for dumping. It constitutes a crucial part of Annex 2 to the 1996 Protocol and the Scientific Group will continuously review all aspects of it to assist Contracting Parties with its application. It may also be used in meeting the requirements of Annexes I and II to the London Convention 1972.

5.2 Each Contracting Party shall develop a national Action List to provide a mechanism for screening candidate wastes and their constituents on the basis of their potential effects on human health and the marine environment. In selecting substances for consideration in an Action List, priority shall be given to toxic, persistent and bio-accumulative substances from anthropogenic sources (e.g., cadmium, mercury, organohalogenes, petroleum hydrocarbons and, whenever relevant, arsenic, lead, copper, zinc, beryllium, chromium, nickel and vanadium, organosilicon compounds, cyanides, fluorides and pesticides or their by-products other than organohalogenes). An Action List can also be used as a trigger mechanism for further waste prevention considerations.

5.3 For an individual waste category, it may be possible to define national action levels on the basis of concentration limits, biological responses, environmental quality standards, flux considerations or other reference values.

5.4 An Action List shall specify an upper level and may also specify a lower level. The upper level should be set so as to avoid acute or chronic effects on human health or on sensitive marine organisms representative of the marine ecosystem. Application of an Action List will result in three possible categories of waste:

- .1 wastes which contain specified substances, or which cause biological responses, *exceeding* the relevant upper level shall not be dumped, unless made acceptable for dumping through the use of management techniques or processes;
- .2 wastes which contain specified substances, or which cause biological responses, *below* the relevant lower levels should be considered to be of little environmental concern in relation to dumping; and
- .3 wastes, which contain specified substances, or which cause biological responses, *below* the upper level but *above* the lower level require more detailed assessment before their suitability for dumping can be determined.

6 DUMP-SITE SELECTION

Site selection considerations

6.1 Proper selection of a dump-site at sea for the reception of waste is of paramount importance. With sewage sludge, it is important to consider the proximity of site(s) to recreational and shellfish areas with special consideration being given to human exposures to pathogens.

6.2 Information required to select a dump-site shall include:

- .1 physical, chemical and biological characteristics of the water-column and the seabed;
- .2 location of amenities, values and other uses of the sea in the area under consideration;
- .3 assessment of the constituent fluxes associated with dumping in relation to existing fluxes of substances in the marine environment. Particular consideration should be given to the organic matter flux and associated changes in oxygen demand. Particular consideration should also be given to nutrient fluxes and potential eutrophication; and
- .4 economic and operational feasibility.

6.3 Guidance for procedures to be followed in dump-site selection can be found in a report of the Joint Group of Experts on the Scientific Aspects of Marine Environmental Protection (GESAMP Reports and Studies No. 16 - Scientific Criteria for the Selection of Waste Disposal Sites at Sea). Prior to selecting a dump-site, it is essential that data be available on the oceanographic characteristics of the general area in which the site is to be located. This information can be obtained from the literature but fieldwork should be undertaken to fill the gaps. Required information includes:

- .1 the nature of the seabed, including its topography, geo-chemical and geological characteristics, its biological composition and activity, and prior dumping activities affecting the area;
- .2 the physical nature of the water column, including temperature, depth, possible existence of a thermocline/pycnocline and how it varies in depth with season and weather conditions, tidal period and orientation of the tidal ellipse, mean direction and velocity of the surface and bottom drifts, velocities of storm-wave induced bottom currents, general wind and wave characteristics, and the average number of storm days per year, suspended matter; and
- .3 the chemical and biological nature of the water column, including pH, salinity, dissolved oxygen at surface and bottom, chemical and biochemical oxygen demand, nutrients and their various forms and primary productivity.

6.4 Some of the important amenities, biological features and uses of the sea to be considered in determining the specific location of the dump-site are:

- .1 the shoreline and bathing beaches;
- .2 areas of beauty or significant cultural or historical importance;
- .3 areas of special scientific or biological importance, such as sanctuaries;

- .4 fishing areas;
- .5 spawning, nursery and recruitment areas;
- .6 migration routes;
- .7 seasonal and critical habitats;
- .8 shipping lanes;
- .9 military exclusion zones; and
- .10 engineering uses of the seafloor, including mining, undersea cables, desalination or energy conversion sites.

Size of the dump-site

6.5 Size of the dump-site is an important consideration for the following reasons:

- .1 it should be large enough, unless it is an approved dispersion site, to have the bulk of the material remain either within the site limits or within a predicted area of impact after dumping;
- .2 it should be large enough to accommodate anticipated volumes of solid waste and/or liquid wastes to be diluted to near background levels before or upon reaching site boundaries;
- .3 it should be large enough in relation to anticipated volumes for dumping so that it would serve its function for many years; and
- .4 it should not be so large that monitoring would require undue expenditure of time and money.

Site capacity

6.6 In order to assess the capacity of a site, especially for solid wastes, the following should be taken into consideration:

- .1 the anticipated loading rates per day, week, month or year;
- .2 whether or not it is a dispersive site; and
- .3 the allowable reduction in water depth over the site because of mounding of material.

Particular attention needs to be paid to the reduction in dissolved oxygen in the water column and changes in sediment oxidation-reduction (REDOX) conditions.

Evaluation of potential impacts

6.7 An important consideration in determining the suitability of a waste for dumping at a specific site is the degree to which this results in increased exposures of organisms to substances that may cause adverse effects.

6.8 The extent of adverse effects of a substance is a function of the exposures of organisms (including humans). Exposure, in turn, is a function, *inter alia*, of input flux and the physical, chemical and biological processes that control the transport, behaviour, fate and distribution of a substance.

6.9 The presence of natural substances and the ubiquitous occurrence of contaminants means that there will always be some pre-existing exposures of organisms to all substances contained in any waste that might be dumped. Concerns about exposures to hazardous substances thus relate to additional exposures as a consequence of dumping. This, in turn, can be translated back to the relative magnitude of the input fluxes of substances from dumping compared with existing input fluxes from other sources.

6.10 Accordingly, due consideration needs to be given to the relative magnitude of the substance fluxes associated with dumping in the local and regional area surrounding the dump-site. In cases where it is predicted that dumping will substantially augment existing fluxes associated with natural processes, dumping at the site under consideration should be deemed inadvisable.

6.11 In the case of synthetic substances, the relationship between fluxes associated with dumping and pre-existing fluxes in the vicinity of the site may not provide a suitable basis for decisions.

6.12 Temporal characteristics should be considered to identify potentially critical times of the year (e.g., for marine life) when dumping should not take place. This consideration leaves periods when it is expected that dumping operations will have less impact than at other times. If these restrictions become too burdensome and costly, there should be some opportunity for compromise in which priorities may have to be established concerning species to be left wholly undisturbed. Examples of such biological considerations are:

- .1 periods when marine organisms are migrating from one part of the ecosystem to another (e.g., from an estuary to open sea or vice versa) and growing and breeding periods;
- .2 periods when marine organisms are hibernating on or are buried in the sediments; and
- .3 periods when particularly sensitive and possibly endangered species are exposed.

Contaminant mobility

6.13 Contaminant mobility is dependent upon several factors, among which are:

- .1 type of matrix;
- .2 form of contaminant;
- .3 contaminant partitioning;
- .4 physical state of the system, e.g., temperature, water flow, suspended matter;
- .5 physico-chemical state of the system;
- .6 length of diffusion and advection pathways; and
- .7 biological activities e.g., bioturbation.

7 ASSESSMENT OF POTENTIAL EFFECTS

7.1 Assessment of potential effects should lead to a concise statement of the expected consequences of the sea or land disposal options, i.e., the "Impact Hypothesis". It provides a basis for deciding whether to approve or reject the proposed disposal option and for defining environmental monitoring requirements. As far as possible, waste management options causing dispersion and dilution of contaminants in the environment should be avoided and preference given to techniques that prevent the input of the contaminants to the environment.

7.2 The assessment for dumping should integrate information on waste characteristics, conditions at the proposed dump-site(s), fluxes and proposed disposal techniques and specify the potential effects on human health, living resources, amenities and other legitimate uses of the sea. It should define the nature, temporal and spatial scales and duration of expected impacts based on reasonably conservative assumptions.

7.3 The assessment should be as comprehensive as possible. The primary potential impacts should be identified during the dump-site selection process. These are considered to pose the most serious threats to human health and the environment. Alterations to the physical environment, risks to human health, devaluation of marine resources and interference with other legitimate uses of the sea are often seen as primary concerns in this regard.

7.4 In constructing an impact hypothesis, particular attention should be given to, but not limited to, potential impacts on amenities (e.g., presence of floatables), sensitive areas (e.g., spawning, nursery or feeding areas), habitat (e.g., biological, chemical and physical modification), migratory patterns and marketability of resources. Consideration should also be given to potential impacts on other uses of the sea including: fishing, navigation, engineering uses, areas of special concern and value, and traditional uses of the sea.

7.5 Even the least complex and most innocuous wastes may have a variety of physical, chemical and biological effects. Impact hypotheses cannot attempt to reflect them all. It must be recognized that even the most comprehensive impact hypotheses may not address all possible scenarios such as unanticipated impacts. It is therefore imperative that the monitoring programme be linked directly to the hypotheses and serve as a feedback mechanism to verify the predictions and review the adequacy of management measures applied to the dumping operation and at the dump-site. It is important to identify the sources and consequences of uncertainty.

7.6 The expected consequences of dumping should be described in terms of affected habitats, processes, species, communities and uses. The precise nature of the predicted effect (e.g., change, response, or interference) should be described. The effect should be quantified in sufficient detail so that there would be no doubt as to the variables to be measured during field monitoring. In the latter context, it would be essential to determine "where" and "when" the impacts can be expected.

7.7 Emphasis should be placed on biological effects and habitat modification as well as physical and chemical change. However, if the potential effect is due to substances, the following factors should be addressed:

- .1 estimates of statistically significant increases of the substance in seawater, sediments, or biota in relation to existing conditions and associated effects; and

- .2 estimate of the contribution made by the substance to local and regional fluxes and the degree to which existing fluxes pose threats or adverse effects on the marine environment or human health. Particular consideration needs to be given to organic carbon fluxes imposing additional oxygen demand and to nutrient fluxes that may cause eutrophication.

7.8 In the case of repeated or multiple dumping operations, impact hypotheses should take into account the cumulative effects of such operations. It will also be important to consider the possible interactions with other waste dumping practices in the area, both existing and planned.

7.9 An analysis of each disposal option should be considered in light of a comparative assessment of the following concerns: human health risks, environmental costs, hazards (including accidents), economics and exclusion of future uses. If this assessment reveals that adequate information is not available to determine the likely effects of the proposed disposal option, including potential long-term harmful consequences, then this option should not be considered further. In addition, if the interpretation of the comparative assessment shows the dumping option to be less preferable, a permit for dumping should not be given.

7.10 Each assessment should conclude with a statement supporting a decision to issue or refuse a permit for dumping.

7.11 Where monitoring is required, the effects and parameters described in the hypotheses should help to guide field and analytical work so that relevant information can be obtained in the most efficient and cost-effective manner.

8 MONITORING

8.1 Monitoring is used to verify that permit conditions are met - compliance monitoring - and that the assumptions made during the permit review and site selection process were correct and sufficient to protect the environment and human health - field monitoring. It is essential that such monitoring programmes have clearly defined objectives.

8.2 The Impact Hypothesis forms the basis for defining field monitoring. The measurement programme should be designed to ascertain that changes in the receiving environment are within those predicted. The following questions must be answered:

- .1 What testable hypotheses can be derived from the Impact Hypothesis?
- .2 What measurements (type, location, frequency, performance requirements) are required to test these hypotheses?
- .3 How should the data be managed and interpreted?

8.3 It may usually be assumed that suitable specifications of existing (pre-disposal) conditions in the receiving area are already contained in the application for dumping. If the specification of such conditions is inadequate to permit the formulation of an Impact Hypothesis, the licensing authority will require additional information before any final decision on the permit application is made.

8.4 The permitting authority is encouraged to take account of relevant research information in the design and modification of monitoring programmes. The measurements can be divided into two types - those within the zone of predicted impact and those outside.

8.5 Measurements should be designed to determine whether the zone of impact and the extent of change outside the zone of impact differ from those predicted. The former can be answered by designing a sequence of measurements in space and time that ensures that the projected spatial scale of change is not exceeded. The latter can be answered by the acquisition of measurements that provide information on the extent of change that occurs outside the zone of impact as a result of the dumping operation. Frequently, these measurements will be based on a null hypothesis - that no significant change can be detected.

8.6 The results of monitoring (or other related research) should be reviewed at regular intervals in relation to the objectives and can provide a basis to:

- .1 modify or terminate the field-monitoring programme;
- .2 modify or revoke the permit;
- .3 redefine or close the dump-site; and
- .4 modify the basis on which applications to dump wastes are assessed.

9 PERMIT AND PERMIT CONDITIONS

9.1 A decision to issue a permit should only be made if all impact evaluations are completed and the monitoring requirements are determined. The provisions of the permit shall ensure, as far as practicable, that environmental disturbance and detriment are minimized and the benefits maximized. Any permit issued shall contain data and information specifying:

- .1 the types, amounts and sources of materials to be dumped;
- .2 the location of the dump-site(s);
- .3 the method of dumping; and
- .4 monitoring and reporting requirements.

9.2 If dumping is the selected option, then a permit authorizing dumping must be issued in advance. It is recommended that opportunities be provided for public review and participation in the permitting process. In granting a permit, the hypothesized impact occurring within the boundaries of the dump-site, such as alterations to the physical, chemical and biological compartments of the local environment is accepted by the permitting authority.

9.3 Regulators should strive at all times to enforce procedures that will result in environmental changes as far below the limits of allowable environmental change as practicable, taking into account technological capabilities as well as economic, social and political concerns.

9.4 Permits should be reviewed at regular intervals, taking into account the results of monitoring and the objectives of monitoring programmes. Review of monitoring results will indicate whether field programmes need to be continued, revised or terminated, and will contribute to informed decisions regarding the continuance, modification or revocation of permits. This provides an important feedback mechanism for the protection of human health and the marine environment.
